



Northern Healthcare

Putting people first.

Joint working

Listening and
adopting to
individual
preferences

Putting People First

Robust
risk management

Individual
care pathway



Introduction



Noel Tracey CEO

“Welcome to Northern Healthcare. We provide mental health recovery services which include residential units whereby 24 hr support is available and access to experience qualified clinicians. Our recovery services provide a safe and comfortable environment for our residents to rebuild their skills, ready to become an active member of society again.

We have developed an evolutionary recovery path which is a combination of clinical support and predominately OT led recovery in order to prepare and support our residents to independently manage their own recovery.

Our model of care is truly unique, evolutionary and sets industry leading standards for mental health rehabilitation services which foster a positive environment in which all our residents can attain their personal best. Please feel free to contact us at any time should you need any further information on our facilities, assessments or the work we undertake with residents and the excellent outcomes that we consistently achieve”

A handwritten signature in black ink, appearing to read 'Noel Tracey'. The signature is stylized and cursive.

Noel Tracey



Northern Healthcare

Putting people first.

Bespoke forward thinking supported living tenancies providing mental health recovery with a 24h multi disciplinary service.

Our Services Include

- A responsive Forward Facing Service
- Flexible tenancy arrangements
- A needs led service
- 24 hr support staff
- Mental health professionals R.M.N, OT, CBT
- Bespoke risk management
- Cost effective service

Core Values

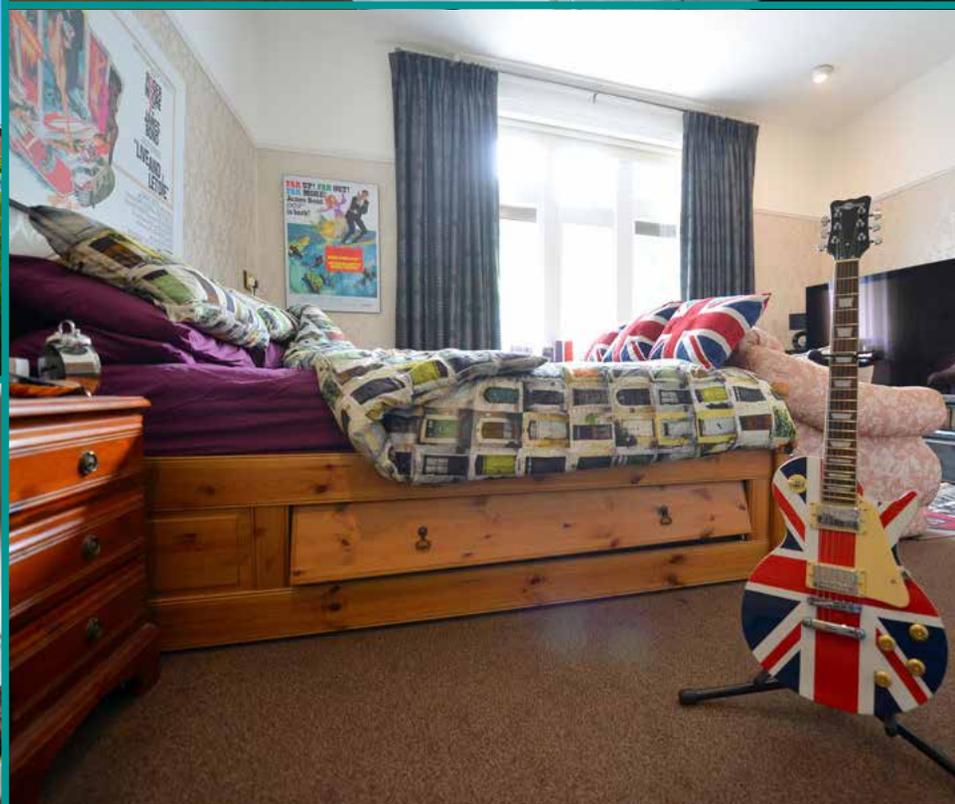
- Individual care pathway
- Robust risk management
- Promote choice
- Collaborative planning and joint working
- Valuing and involving
- Quality
- Listening and adopting to individual preferences

Risk Management

Our experienced clinical teams ensure robust and dynamic risk management working with the local CMHT teams to ensure that the assessments we use compliment those chosen by the local team.

Once placed within the service the our clinical team has a formal review of each tenant monthly and we have an open invitation to care coordinators to be part of the process, the current assessments we use to ensure a comprehensive package of care include:

1. HCR20
2. GASS
3. HONOS
4. EGRIST/STAR
5. MOHO
6. RE-QOL 20



Support

Our facilities often host special events for residents, involving and sharing a family atmosphere. We always say:

“There is a big difference between being friendly and being a friend”.

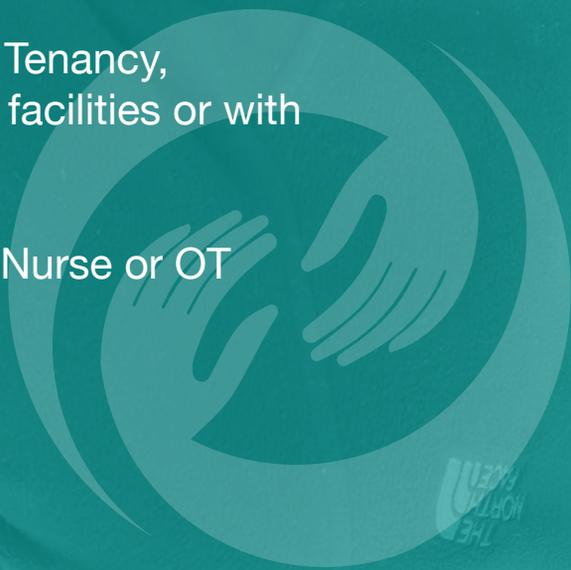


Putting people first.

Recovery



- Each client has an individual Assured Shorthold Tenancy, whether they are residing within one of our main facilities or with in our smaller community housing schemes.
- Comprehensive assessment by an experienced Nurse or OT
- Individualised recovery and support plan.



What our people say

“Yes I do feel safe in this supported accommodation, what gives me the great impression of the above is knowing there is staff on 24 hours to provide you with safety and security” Resident

“Yes, I enjoy the communal meals. Spending time with staff and making new friends overall, everything is good” Resident

“Going out with staff shopping, to the sauna and the pub is the best thing about living here, I am happy” Resident

“I would like to say thankyou to all your staff at Mary Seacole, the service user when acutely unwell has historically had to spend months in an inpatient setting ,with the consistent proactive approach from your staff it meant that recovery to their normal level of functioning was achieved in a matter of three weeks. My client would like you all to know what a positive experience their path to recovery was.” Care Co-ordinator

Conference



Every Year we hold a conference, which aims to bring together those within the Mental Healthcare Arena to discuss the issues and ways forward for all. We held our first conference in 2017 which was structured to address the issues present in the Mental Healthcare industry, the levels of step down care available, current obstacles and ways it needs to be addressed.



A very touching video presentation showing the thoughts of service users towards their care was greatly appreciated by many. One commissioner said:

“The video was better than any patient satisfaction survey I had ever seen.”

Northern Healthcare

THINKING SUPPORTED LIVING

HEALTH RECOVERY

DISCIPLINARY

MISSION STATEMENT

Limited support
and living ten
and social in

VALUES

Northern Healthcare have core values
our mission and value statement

Individual care pa

• Robust risk man

• Promote ch

• Collaborative planning a

• Live and inv



The day began with an inspirational talk with Ricky Hatton MBE. An enlightening insight with the Manchester boxing legend and his struggles with mental health.



Prof Kevin Gournay who chaired the day and spoke on the desperate need nationally for supported living as part of the recovery process.

The need for change was further outlined by talks from

Dr Ian Greaves, Nurse Consultant Barrie Green and Learning Disability Commissioner Glen Mather.

After lunch, further perspectives were provided by Dr Paul Rogers on CBT / Skype, David Foster from Thrive and Colin Hayes from Eirmed, and how technology can contribute to recovery.

Kelly Winstanley, Clinical Director of Northern Healthcare provided an informative talk on Occupational Therapy and the role it plays in supported living and success it has already presented in Northern Healthcare.

Referral

Referral criteria

- Age 18+ with a recognised Learning Disorder or Mental Health diagnosis
- The ability and willingness to engage in a Recovery or Social Inclusion Programme
- Male or female
- May have dual diagnosis
- Can be restricted under the Mental Health Act including MOJ Restrictions according to risk
- Has the ability to engage

A comprehensive assessment is carried out by an experienced OT/RMN in order to identify a prospective tenant's needs, wants and goals. A thorough care and risk management plan is formulated and a package is created if it is deemed a person is suitable for the service.

How to make a referral

Phone : 0161 433 4338

Email : referrals@northernhealthcare.org.uk

The Management team



Noel Tracey
CEO

- Noel has over 30 years experience as a practicing nurse, both as a clinician and a Director with experience in both the NHS and Private Sector.
- Specialist in Forensic Nursing, Rehab, Inpatient and Community
- Management of Violence and Aggression Coach & PRILLA
- Previous experience includes working within the NHS, Pennine Care, Cambian Group & Gray Healthcare



Stuart Holmes
Finance Director

- Stuart has over 25 years experience in Financial management.
- Specialist in structuring funding for investment properties.
- Overall responsibility for the organisations fiscal planning.
- Previously operated as part of the senior management team such as the Guardian Media Group and the Aspoll group of properties

Mark Evans
Property Director

- Experience in both Residential and Commercial Property.
- Mark has acted for a range on clients including institutional investors, private property companies, private property funds, individual investors, property traders and owner occupiers.
- Mark specialises in property investment strategy from inception through to investment exit/stabilisation.



Kelly Winstanley
Clinical Director

- Kelly is a qualified Occupational Therapist with over 18 years experience
- Specialist in Mental Health
- Previous experience includes managing both low and medium secure services
- Kelly has previously worked with a range of specialty groups such as the treatment of sex offenders, females at Styal Prison and Personality Disorder services



Individual
care pathway

Quality

Promote choice

Collaborative
planning

Valuing
and involving



Head Office

Barton Hall Business Park, Hardy Street, Eccles, Manchester M30 7NB

W: northernhealthcare.org.uk T: 0161 974 7210