



N Northern
Healthcare

MARK

MOSS LODGE



IN THE EARLY DAYS

Mark came to Moss Lodge from Birch Hill Hospital's Hollingworth Ward. He had been bidding for properties for seven years but felt his housing application had been mishandled. His family believed he would benefit more from supported accommodation in a calmer environment than living independently straight away. When his care coordinator told him about Moss Lodge he agreed to the referral and was excited about the prospect of moving in.

On arrival Mark presented himself well with open body language. He built good rapport with staff quickly and was polite and pleasant throughout. He told us that his medication was helping him think clearly and that his mood was around 9 out of 10 most days.

SUPPORT AND PROGRESS

Staff supported Mark with his university assignments and with his medication until he was confident managing it himself. He was given an extra daily presence check to ensure he had regular 1:1 support, and staff carried out weekly room checks which confirmed he kept his room clean, tidy and well maintained.

Mark's Goals

- Finish his final year of university
- Settle into his new home and manage it independently
- Gain more independence before applying for jobs
- Keep up his gym routine and his music

“ *The thing I like the most about Moss Lodge is the support they give me.* ”

Staff also worked closely with Mark to help him find a more independent form of accommodation as his confidence and skills grew. Throughout his time at Moss Lodge, his keyworker, Anthonia, maintained a strong professional relationship with him, and he continued to attend his depot injection appointments accompanied by his father.

CELEBRATING EACH STEP

Mark has made significant progress against his goals during his time with us. He now manages and dispenses his own medication and attends his appointments independently. He has continued his university study and during an assessment, he expressed a wish to return to face-to-face learning rather than studying online. This wish has since been realised.

He has also built a regular gym routine and has maintained a good relationship with his family throughout his placement. He also writes, produces music and runs a YouTube account dedicated to this.

LOOKING TOWARDS THE FUTURE

Mark's next step has now been realised as he moves into more independent supported living with his own kitchen and living space, although this new service does not offer overnight support. Mark has previously expressed a wish to work, but for now he wants to focus on finishing his university studies and building further independence before applying for jobs.

For more information regarding our referral process or to discuss life at Moss Lodge:



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