



ALFIE.

HYDE PARK HOUSE

“Alfie from day one to where he is today; all I can say is I am SO proud of him, he has come so far and achieved so much.”

- Hayley Matthews, Service Manager

IN THE EARLY DAYS

Alfie now 32, lives with Paranoid Schizophrenia and has autistic traits. He came to Hyde Park House in July 2019 following a referral from his Social Worker having previously resided in a low/medium secure service.

At first Alfie was very institutionalised, he had a very structured routine, asking permission to do little things such as make a cup of tea, and would refer to team members as ‘miss’ or ‘sir’. He would become very anxious if medication or meals did not happen at specific times.

Alfie had difficulties with money management and would often gamble his money instead of buying food. When he did cook he was unsafe in the kitchen and would taste uncooked food. A support plan was formed and collaborative goals were set for Alfie’s recovery which included:

- ✓ Medication management
- ✓ Money management
- ✓ Food shopping and preparation
- ✓ Relationship building
- ✓ Career development

CELEBRATING EACH STEP

Alfie still has staff support to take his medication, but he does so in his own room and recognises medication times. He purchases food independently and his cooking skills and food safety knowledge have improved vastly with input from our Occupational Therapist. He now enjoys sharing his knowledge with others as ‘Food Group Supervisor’ and recently cooked a Sunday lunch.

Alfie is much better with money management and was able to save to purchase his own laptop - a massive step forwards.

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“Our team have so much hope for his future, there are no limits to what he can achieve – all he ever needed was the time and support to get there.” - Hayley Matthews, Service Manager

With help from the team Alfie has written a CV and enrolled in college; he is now in his 2nd year completing his Level 2 Health and Social Care qualification.

Alfie enjoys volunteering at the local church, helping with their food bank and soup kitchen. In his spare time, he will listen to music – recently entering the ‘Northern Healthcare’s Got Talent’ competition - and has a competitive streak when playing Monopoly too.

Alfie is a huge part of Hyde Park House, often welcoming visitors with a cup of tea; the team couldn’t be prouder of how far Alfie has come.

In the future, Alfie is aiming to live more independently and would one day like his own flat – our team are confident he will reach his goals and we are always here to support him every step of the way.

Please note names have been changed to protect confidentiality.



Attends college & is completing his Level 2 Health & Social Care qualification



Helps fellow residents and has taken a supervisor role in food group



Volunteers at the local church, helping with the food bank and soup kitchen



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For more information regarding our referral process or to discuss life at Hyde Park House

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