



ASHLEY.

MONTGOMERY HOUSE

“My time at Montgomery House has been a good journey and step in my life. Thanks to everyone who has supported me.”

IN THE EARLY DAYS

Ashley is 33, has a diagnosis of Paranoid Schizophrenia and moved to Montgomery House in December 2022 following a referral from The Edenfield Centre in Prestwich.

The Montgomery team provided encouragement and guidance, working with him to develop strategies for building confidence, improving his social skills, and enhancing his ability to manage daily tasks.

The team identified collaborative goals with Ashley, based on what is important to him:

- ✓ Increase socialisation, build confidence and gain greater independence
- ✓ Learn new skills and have an effective routine
- ✓ Become independent in managing medication
- ✓ Form and maintain therapeutic relationships

CELEBRATING EACH STEP

Since joining Montgomery, Ashley has been a truly valued member of our community. His consistent engagement with both the team and his peers has helped him grow in confidence and build strong, trusting relationships. From day one, he has shown a natural ability to bring people together – always making an effort to include others and promoting a welcoming, supportive environment.

Ashley's empathy, generosity, and commitment to others have made a lasting impression. Whether taking someone shopping, attending football matches, or simply offering a listening ear, he's always ready to support those around him. His efforts were deservedly recognised when he was named a finalist in the 'Inspiration in Action' category at the Northern Healthcare Awards – a reflection of the positive impact he's had on our service.

He leads by example, creating a culture of kindness and inclusion that resonates throughout the service. Ashley's journey over the past three years has also been marked by personal growth and independence. He has developed the skills to manage his medication, schedule and attend appointments confidently, and form meaningful therapeutic relationships.

In addition to his everyday achievements, Ashley embraced new experiences – from trips to Blackpool and Hebden Bridge to proudly completing his first Race for Life, a milestone that reflects both his determination and progress.

"As Ashley moves on to this exciting new chapter, the team and individuals supported by Montgomery House will miss his presence and wish him all the very best for the future. We are incredibly proud of how far he has come and look forward to seeing what he achieves next."

MONTGOMERY HOUSE SERVICE MANAGER

LOOKING TOWARDS THE FUTURE

Ashley has consistently met the goals he set for himself, showing incredible perseverance and personal growth along the way.

In 2025, Ashley reached the major milestone of securing a flat of his own. This step represents a meaningful leap forward in his recovery journey and highlights the progress he has made in managing his mental health and building a stable foundation for the future.

"Everyone has treated me with respect. It has been a good community spirit here. The staff have always been understanding and very supportive. I have been on trips out and have done loads of activities with staff and residents. My time at Montgomery House has been a good journey and a good step in my life. Thanks to everyone who has supported me." **ASHLEY**

This new chapter will give Ashley the opportunity to strengthen his independence further by developing essential life skills such as managing a budget, preparing meals, and maintaining daily routines. It also opens the door to new social experiences and deeper connections within the wider community.

As he moves forward, Ashley does so with a renewed sense of purpose and optimism, ready to embrace all that lies ahead with strength, resilience, and a solid foundation beneath him.



For more information regarding our referral process or to discuss life at Montgomery House:

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