



DAVE.

MONTGOMERY HOUSE

“The team help by being there to support me and reassure me that I’m on the right path.”

IN THE EARLY DAYS

Dave is 39 and moved to Montgomery House in October 2019 following a previous placement at The Edenfield Centre in Prestwich.

Dave has a diagnosis of Paranoid Schizophrenia and Borderline Personality Disorder. Reflecting upon his transition to Montgomery House, Dave describes himself as, “*Not that confident and in need of a lot of support.*” Dave did not have the confidence to interact with the team or other individuals supported at Montgomery House and encountered challenges with Activities of Daily Living (ADLs).

During this period, Dave required significant support from the team to help him navigate his new environment. Staff provided encouragement and guidance, working with him to develop strategies for building confidence, improving his social skills, and

enhancing his ability to manage day-to-day tasks. Despite these initial difficulties, this transition represented an important step in his journey toward greater independence and stability.

The team identified collaborative goals with Dave, based on what is important to him:

- ✓ Increase socialisation, build confidence to access the community and gain greater independence
- ✓ Learn new skills and have an effective routine
- ✓ Become independent in managing medication
- ✓ Form and maintain therapeutic relationships, as this was difficult historically
- ✓ Learn how to complete a food shop independently
- ✓ Grow in confidence
- ✓ Secure paid work

CELEBRATING EACH STEP

Dave has made significant progress over the past five years. Through regular engagement with the team, he has built his confidence and developed positive, trusting relationships.

Dave has also taken on greater independence by managing and administering his own medication.

In addition, Dave now enjoys an active social life, regularly spending time with his partner and going out for meals with friends.

One of Dave's biggest achievements has been overcoming barriers to employment. He successfully achieved his goal of securing paid work and now works as a groundsman for Radcliffe Borough Football Club.

LOOKING TOWARDS THE FUTURE

Dave has successfully accomplished each goal he set for himself, demonstrating remarkable growth and resilience throughout his journey. Through his hard work and the dedicated support of the team at Montgomery House, he has steadily developed the confidence and skills needed to navigate daily life with increasing independence.

In 2025, Dave reached another significant milestone by securing a move-on flat at Saxon House in Bury. This achievement marks a major step forward in his recovery and personal development, reflecting the progress he has made in managing his mental health.

This opportunity will allow Dave to continue building on the progress he has made, further developing essential life skills such as budgeting, meal planning, and self-care. With a greater sense of autonomy, he will also have the chance to explore new opportunities for social engagement and meaningful connections within the community.

While gaining greater independence, Dave will still receive continued support to ensure his well-being and stability. He will have access to guidance from mental health professionals, peer support networks, and resources designed to help him maintain a balanced and fulfilling lifestyle. By taking this step, Dave is embracing the next chapter of his journey with confidence, determination, and the foundation he has built for a brighter future.



For more information regarding our referral process or to discuss life at Montgomery House

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