



N Northern
Healthcare

GWILYM

MONTGOMERY HOUSE



IN THE EARLY DAYS

Gwilym moved into Montgomery House on 7 December 2018 after completing a period of rehabilitation in hospital. It was an important step towards greater independence and community living.

He felt positive about the move and was pleased to be leaving hospital. Gwilym was excited to begin a new chapter in a more supportive and homely environment.

Like many people leaving inpatient care, there were challenges at first. Adjusting to new routines, managing daily responsibilities, and settling into a different environment all took time.

Early goals focused on medication management, maintaining his home, and building confidence. Support was tailored around his individual needs and paced at a level that worked for him.

SUPPORT AND PROGRESS

Over the past seven years, the team at Montgomery House has supported Gwilym to build confidence and practical life skills.

One major achievement has been medication management. Gwilym progressed from receiving office-based support to managing his medication independently. Staff also provided verbal prompts around daily living tasks, helping him maintain a safe and comfortable home environment.

Gwilym's Goals

- Medication management and independence
- Maintaining a better home environment
- Moving into more independent living
- Completing college courses

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Being able to have better coping strategies, with more staff availability than the hospital to help me with living in the community and returning to independence.

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Gwilym was encouraged to pursue personal goals, including enrolling in college courses. He now attends independently, which has helped strengthen routine and confidence.

He continues to receive joined-up support from the Bury Community Health Team and his care coordinator.

CELEBRATING EACH STEP

Gwilym has achieved many important milestones during his time with us. He now manages his medication independently and attends appointments on his own. He has also taken part in college courses, day trips, and community activities.

Gwilym enjoys watching movies, attending radio club, going to college, and socialising with peers. These interests have helped him stay active and connected. Reflecting on his journey, the staff said, *“Gwilym has always had the main goal as wanting to move into less supported accommodation or independent living. It has been a pleasure to see Gwilym achieve personal goals and continue his recovery journey.”*

LOOKING TOWARDS THE FUTURE

Gwilym is now looking forward to moving on to Liberty House, our move-on service.

This next step will allow him to continue developing independence while still receiving the right support. He also plans to continue attending college and building on everything he has achieved so far.

Gwilym’s journey shows how the right support and determination can create lasting progress.

For more information regarding our referral process or to discuss life at Montgomery House:



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