



ROBERT.

HYDE PARK HOUSE

“Robert has progressed significantly and the team are very proud of his journey.”

IN THE EARLY DAYS

Robert is 31 and moved into Hyde Park House in April 2021 following a previous placement at Malsis Hall - Mental Health Care Home.

Robert has a diagnosis of Paranoid Schizophrenia. Reflecting upon his transition to Hyde Park House, Robert describes himself as, “very anxious, quiet and reserved.” At this time, Robert did not have the confidence to interact with the team or other residents and encountered challenges with Activities of Daily Living (ADLs).

The team identified collaborative goals with Robert, based on what is important to him:

- ✓ Increase socialisation and build trusting relationships
- ✓ Enrol on a suitable college course
- ✓ Build confidence to access the community
- ✓ Gaining greater independence

- ✓ Engage in therapeutic activities
- ✓ Drug relapse prevention

CELEBRATING EACH STEP

Robert has come a long way in the past 3 years, by engaging with the team regularly he has been able to build his confidence and form positive, trusting relationships.

Robert now regularly accesses the community independently or with other residents. With encouragement, Robert also participated in a group trip a little further afield to Flamingo Land, marking a significant stride in his recovery journey.

Robert has expressed how the personalised 1:1 Key Worker sessions have been instrumental in fostering his growth. He mentioned that these sessions have empowered him to explore new avenues he hadn't considered possible before, such as pursuing college opportunities and developing his CV for part-time employment.

The team encouraged Robert to engage in activities he enjoys, which in turn has significantly boosted his confidence in interacting with fellow residents.

With team support, he has taken proactive steps towards his future goals by enrolling in college.

Over the past two years, Robert has completed his Level 2 in Patisserie and Confectionery.

Currently, he is dedicated to advancing his skills further as he works towards completing his Level 3 qualification.

Robert is delighted to have recently secured a role as a part-time chef, providing a sense of purpose, structure, fulfilment and accomplishment. The Hyde Park House team are confident this new role will encourage the development of Robert's skills and talents, boosting his self-esteem and confidence as well as overall well-being and mental health.

LOOKING TOWARDS THE FUTURE

Robert currently doesn't have a Social Worker assigned to support him, as it's believed he's thriving independently under the care of the enhanced team at Drury Lane and Hyde Park House.

Robert expressed his future goals include starting his own business.

He has already started working towards this goal by developing his own website and creating business cards with support from the team! He would also like to continue with activities he enjoys, including attending college weekly, developing his baking skills, going to the cinema, attending trips with fellow residents and using his spare money to purchase some new clothes.

"Robert has progressed significantly whilst being at Hyde Park House and the team are very proud of his journey. The team have supported Robert to achieve his dreams, including starting his driving lessons, securing paid work and enrolling at college – it is incredibly rewarding, and we feel privileged to be able to support Robert to achieve his goals."

HYDE PARK HOUSE SERVICE MANAGER



For more information regarding our referral process or to discuss life at Hyde Park House

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