

Kim's Journey

“Thank you for always being there for me, you are amazing and I always appreciate your time. You have made my life easier by giving me all the support and care. Thank you so much, for everything you do.” *Milnshaw Resident Feedback*

Kim is 30 years old and came to Milnshaw House in August 2020 following a referral from Fairfield Hospital, Bury. Kim lives with EUPD, PTSD and anxiety. She had a history of unsettled placements in her younger years, residing in over 30 different homes/services before turning 18.

Thankfully, after a transition period, Kim settled quickly into the routines at Milnshaw and has thrived from the continued support of the team and community services.

The team are incredibly proud of Kim's progress. Working alongside our Registered Mental Health Nurse and Occupational Therapist she has progressed to be independent of medication and has engaged in college courses and work opportunities. She also participates in service activities with a special love for karaoke and has found a new passion for horse riding.

Kim has transitioned to the next step in her recovery journey; upon leaving Milnshaw House, she expressed that the team created a safe environment, and offered guidance and support whilst providing boundaries, routine and structure.

Please note names are changed to maintain confidentiality.

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